

# Therapy Pool Schedule

## April 2011

**CAN DO Fitness Clubs**  
 121 Main Street  
 Princeton, NJ 08540  
 Phone# (609) 514-0500  
[www.candofitness.com](http://www.candofitness.com)  
 Aquatics Manager, Svetlana Barker ext.448  
[SBarker@cando-online.com](mailto:SBarker@cando-online.com)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
5:00 AM		Open	Open	Open	Open	Open	Open		
6:00 AM				6:30am-7:15am Aqua Fit					
7:00 AM	Open/Group Swim Lessons	7:00am-7:45am Aqua Fit	8:15-9 Aqua Fit	Open	8:15-9 Aqua Fit	Open/Group Swim Lessons	Open/Group Swim Lessons		
8:00 AM									
9:00 AM		Open/Group Swim Lessons	Open/Group Swim Lessons	Open/Group Swim Lessons	Open/Group Swim Lessons			Open/Group Swim Lessons	
10:00 AM									
11:00 AM									
12:00 PM									
1:00 PM	1:00-3:30 Open/Birthday Parties					Open/Group Swim Lessons	Open/Group Swim Lessons		Open/Group Swim Lessons
2:00 PM									
3:00 PM									
4:00 PM	3:30-6:00 Family Swim	Aquatone 6-6:45	Aquatone 6-6:45	Closed					
5:00 PM									
6:00 PM	Open								
6:30 PM	Closed								
7:00 PM		Open/Youth Swim/Lessons	Open/Group Swim Lessons	Open/Youth Swim/Lessons	Open/Group Swim Lessons	Open/Youth Swim/Lessons			
8:00 PM		Open	Open	Open	Open	Open			
9:00 PM									
10:00 PM									
10:30 PM		Closed	Closed	Closed	Closed	Closed			
11:00 PM									

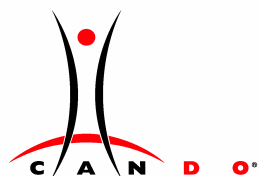
**OPEN** - The pool will be open, unless there is private training, in which case the pool will be divided and shared

**OPEN/Youth Swim** - The pool will be open, but youth members will be allowed to swim leisurely

**OPEN/Group Swim Lessons** - A portion of the therapy pool will remain open for leisure swimming

**OPEN/Birthday Parties** - Birthday Parties may be scheduled at this time in which case the therapy will be closed for other uses

**AQUATICS SCHEDULES ARE SUBJECT TO LAST MINUTE CHANGES**



# Lap Pool Schedule

## April 2011

**CAN DO Fitness Clubs**  
 121 Main Street  
 Phone# (609) 514-0500  
[www.candofitness.com](http://www.candofitness.com)  
 Aquatics Manager, Svetlana Barker ext.448  
[SBarker@cando-online.com](mailto:SBarker@cando-online.com)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:00 AM	Open	Open	Open	Open	Open	Open	Open	
6:00 AM								
7:00 AM	Open/2L							
8:00 AM								
9:00 AM	Open/1L					Open/1L 11:00-12:00 Deep Aqua	Open/1L Swim Team	
10:00 AM	Swim Lessons							
11:00 AM	Youth swim							
12:00 PM								
1:00 PM	Open					Open	Open	Open
2:00 PM								
3:00 PM	3:30 - 6:00 Family Swim/2L							
4:00 PM								
5:00 PM								
5:30 PM								
6:00 PM	Open	Open/1L Swim lessons	Open/1L Swim lessons	Open/1L Swim lessons	Open/1L Swim lessons	Open/1L Swim lessons	Closed	
6:30 PM	Closed							
7:00 PM								
7:30 PM								
8:00 PM								
8:30 PM								
9:00 PM								
10:00 PM								
10:30 PM								
11:00 PM								

**1L** - At least 1 (ONE) lap lane will remain open during this time

**2L** - At least 2 (TWO) lap lanes will remain open during this time

**OPEN** - All lap lanes will remain open unless a lane is needed for private training, in which case at least two lanes will remain open.

**All classes and schedules are subject to last minute changes**